



A TRADITION OF SERVING SINCE 1917

# Good News

VOLUME 1, ISSUE 2

SEPTEMBER 2008

## SAHBA Members Take St. Luke's Home Under their Wings

### YOU'RE INVITED

### LIVING WELL SERIES

September 18—October 23  
Thursdays, 9:00 to 11:30 a.m.  
See page 3 for details

FREE TO ST. LUKE'S PATRONS



### FLU SHOT CLINIC

**TUESDAY, OCTOBER 7**  
**1:00-3:00 P.M.**

Flu and Pneumonia Shots  
Insurance Co-Pays may apply



### SHOP AND GIVE

Raise funds for St. Luke's Home at no cost to you!

**Link your Basha's Thank You Card to our Group No. 24369 September 1—March 31, 2009**

Link just once then make sure your card is scanned every time you shop.

**With Your Help. . .**

St. Luke's Home can receive up to \$5,000 to support our residents.

**Your continued support makes it possible for us to provide a comfortable home, nutritious meals, supervision and social activities for up to 85 senior citizens each year.**



Members of the Southern Arizona Home Builders Association give up a Saturday to rebuild ramadas.



Nancy Jones demonstrates new door opener for Sandy Berry of Tucson Federal Credit Union

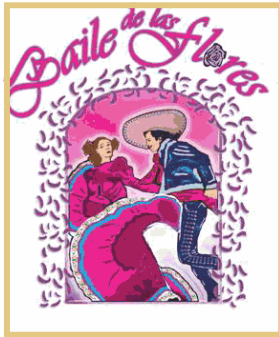
In Tucson, summer is a time for repair and renewal. This summer, the SAHBA Membership "took charge" at St. Luke's Home. The campaign kicked off with a membership luau hosted by Westar Direct Kitchen & Bath which raised \$1,608. Over the summer Costco Wholesale donated much needed home and personal care items while members donated gently used clothing for our residents. Tucson Wholesale Supply donated a reconditioned washer and dryer. Residents now come and go much easier with the aide of an automatic door opener at the front door, provided by Tucson Federal Credit Union, with electrical work and installation by Delta Power and ATS City Wide Doors & Construction.

On Saturday, June 21, volunteers gathered to remove and rebuild two courtyard ramadas. Materials and services were provided by Waste Management of Arizona, Grant Road Lumber, Nichols Contracting Company, Pittsburgh Paints, Martinez Custom Painting, and Southwest Sun Control. Greg Miedema of Dakota Builders coordinated the ramada project and organized volunteers from National Staffing, Andersen Windows & Doors, AFLAC, J.W. Adragna Company, A.F. Sterling Home Builders, Tucson Wholesale Supply, Herrington DAP, One Source Benefit Planning, Eren Design, Northwest Exterminating, Arizona Exterminating and Catalina Contracting Services. Residents of St. Luke's not only enjoyed watching the demolition, painting and reconstruction, they are now enjoying the new shade from the sun and shelter from the rain. The total value of all summer donations and repairs exceeded \$8,000.



Colleen Edwards, Greg Miedema, Jessica Bloom and Larry Dolan enjoy the luau that raised \$1608 for St. Luke's

## Thank you SAHBA



SAVE THE DATE

**90th Annual Baile de las Flores**

**Saturday, February 28, 2009  
Skyline Country Club  
5200 East St. Andrews Drive**

**Since 1919, Tucson's Oldest Charity Event**

*The evening will include:*

- No-Host Cocktails**
- Mariachis and ballet folklorico**
- Silent Auction**
- Delicious Dinner with a View**
- Dancing into the night**

*Each year, a celebrated artist from the Tucson area generously donates an original painting to be raffled at the evening event. This year's celebrated artist is Frederick Hambly.*

**Celebrate the fiesta high atop the city . . . toast the sunset . . . and dance above the twinkling lights of Tucson!**

*Debbie Collins, President, St. Luke's Home Board of Visitors  
Bunny Edmonds and Laddie Stewart-Hall, Co-Chairs, Baile de las Flores*

St. Luke's Wish List

- *A Globe*
- *A World Atlas*
- *New Activities Board*
- *Rolling Laundry Carts*

Inside This Issue

<i>Baile de las Flores</i>	2
<i>Resident Spotlight</i>	2
<i>Board Spotlight</i>	3
<i>Volunteer Spotlight</i>	3
<i>Healthy Living</i>	3
<i>Staff Spotlight</i>	4
<i>The Simplest Gift</i>	4
<i>Sensational Settings</i>	5
<i>UA Soccer Team</i>	6



**Resident Spotlight— “La Princessa” Juanita Rodarte**

Meet Juanita Rodarte, with her special smile and sparkling eyes. Born in Parral, Chihuahua, Mexico in June 1935, the youngest of ten children, she says that she was “spoiled”; they called her *La Princessa*; she was the “fairest of the family.” Her father was the treasurer of the mine and miners’ union while her mother stayed home to raise the children.

In 1970, Juanita met her husband, Dave Young,

at a Saturday night dance. After a flirtatious romance they were married one month later. They raised two sons, Johnny and Randy, in New Mexico.

Juanita loved to sing in the Apostolic Church choir and do handcrafts, crocheting and sewing. She worked in a nursing home and ran a motel in Lordsburg, NM. Sometime after Dave’s death in 1991, she returned to Juarez, Mexico, coming to Tucson in 1998 to live near her son, Randy, a Tucson artist. Johnny lives in Alamogordo, NM, with Juanita’s two grandchildren.

Juanita moved to St. Luke’s Home last year from a duplex in the neighborhood. She chose St. Luke’s because it was

affordable on her income and “she would have the best quality of life here, interacting and living on the same level of understanding” as her peers.

Her option was to live with Randy in his sculpture studio around tools, hot metals and lacking companionship.

Juanita loves vanilla milkshakes, the seniors’ day program at El Rio Center, doing ceramics, the food at the Home and



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## Board Spotlight—Rick Kennedy



Kimberle and Rick Kennedy

When Rick Kennedy commits to an organization, he does so with the intent of giving 100% to the cause. He has proven that in his 5 years of service to St. Luke's Home.

Rick joined the Board of Trustees

in early 2001 when the organization needed him most. After two years as Treasurer and two years as Vice President, Rick took a leave—but not for long. A few months later, he was back in full force.

Rick helped build the campaign to inform the Board and the public about the state tax credit giving opportunities at St. Luke's Home. Many didn't understand that St. Luke's Home serves the RETIRED "working poor." As a result, donors can contribute up to \$400 to St. Luke's Home and receive an Arizona State Income Tax Credit for the full amount, depending on their individual tax profile.

"I'm a doer, not a preacher. I like to work behind the scenes," says

Rick, who has raised over \$32,000 over the last four years for St. Luke's Home. "I see a dedicated staff and believe in the mission of St. Luke's" so when people need a suggestion about where they can give their tax credit dollars, he thinks of St. Luke's. That's what being an Ambassador is all about!

Rick knows how to recruit volunteers too. When Rick had a client that wanted to "make a difference," keep busy and meet people—he knew right where to send her. Today, that volunteer is a loyal "Partner" who has given generously over the years because of Rick Kennedy. "If each Board member could recruit just one like [her], St. Luke's would be an even better place."

## Volunteer Spotlight—Becky Henne

*"I was struck by how generous the residents are. When Katrina happened, they were donating bags of their personal items to help out!"*

When Becky Henne joined the Deeds & Deals committee three years ago, she had no idea how much she would get out of the experience. Soon, Becky joined the Board of Visitors (BOV), our women's auxiliary. Each member of the BOV serves 15 volunteer hours a year in the Home. Starting at the front desk, she now "calls" Bingo, throws birthday parties, and plays Wii, and enjoys more interaction with residents. She serves as Membership Chair on the BOV and Raffle Chair for the Baile de las Flores.

"I make it a point to get to know [the residents'] names. They just light up when you spend time with them," she says. She loves the stories they tell, every one so special.

"It's important to remember that these folks have worked hard, raised families, and lived their lives. Sometimes life just happens" and we find ourselves needing assistance. "We never know what's ahead of us," she says. She's chosen to serve seniors because they're often forgotten by society.

Becky loves being a part of



Mary learns to play Wii as Becky cheers the BOV and has found new ways to engage BOV volunteers at the Home. She calls the group "eclectic—fun, intelligent, creative women" and has made many lasting friendships. For information about joining the fun, please contact Becky Henne at [beckinaz@comcast.net](mailto:beckinaz@comcast.net).

## YOU'RE INVITED—Healthy Living Workshops



**TAKE CHARGE OF YOUR CHRONIC CONDITION**—This fall, St. Luke's will host a 6-week series about self-care for those living with a diag-

nosed chronic condition such as hypertension, arthritis, heart and lung diseases, stroke and diabetes. Many residents of St. Luke's Home live with these chronic diseases.

The series, sponsored by the Pima Council on Aging in partnership with Pima County Health Department, Public Health Nurses and City of Tucson Parks and Recreation, will meet Thursday mornings

from 9:00 to 11:30 a.m. beginning Thursday, September 18. Space is limited to twenty participants.

You're invited to join us for this series. To learn more about attending the workshops, contact Nancy Jones, Director of Development, at 624-5034.



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## Staff Spotlight—Rachel Hill

The job of resident supervisor is not an easy job—and the graveyard shift has its own unique challenges. Rachel Hill was up for the challenge because someone believed that she could do the job—and do it well.

“I was 15 when my mother died of cancer. I had to raise myself after that.” Unfortunately, that meant running with the wrong kids

*“Larry’s decision to give me a chance to prove myself changed my life forever. For the first time, someone believed in me.”*

and getting into trouble—trouble that followed her into adulthood.

When Rachel came to St. Luke’s three years ago as a dietary aide, she didn’t know that her past would haunt her. With encouragement from Larry Rush, Executive Director, Rachel was able to put the past behind her and has moved from dietary to housekeeping and

now to resident supervisor.

“I love the residents and staff here. They all make me feel so respected, appreciated and like I am worth something—this is where I am supposed to be. . . I belong for the first time,” says Rachel with gratitude.

“I’m a night person anyway” and this job allows Rachel to be with her eight children when they need her most. She is able to get their breakfast, get them off to school and then be awake for them when they return from school to help with homework, prepare dinner and spend time with them.

Rachel is a nurturing person which is important in the position of resident supervisor. “I know who might fall in the night so I take special care to peek in their rooms to make sure they are okay.” Along with her responsibilities of laundry and checking in the monthly medications, the night supervisor must make the rounds every hour. “I want [the resi-

dents] to know that they are not alone, that someone cares about them too.”

Now, Rachel has goals. After getting her GED, she wants to learn sign language and be an interpreter. “My daughter has just enrolled in college and we are able to help her. I never thought I could do that.” Just look what a little faith can do!



Rachel Hill peeks in to check on a resident.

## The Simplest Planned Gift—Something to Think About

### JUST THINK ABOUT THIS:

A few years ago, the CEO of a large medical foundation was meeting with a grateful patient who wanted to make a significant donation to a research project at the center. The donor told the CEO that she was planning to sell some stock and write a check.

“If the stock is appreciated, there’s a better way,” the CEO said, then explained that by



donating appreciated stock instead of selling it, the donor could avoid capital gains tax. “Is that legal?” the donor asked. “Absolutely!” the CEO replied. “In fact, you can take the cash you were going to donate and purchase new securities with a brand new cost basis!”

Giving appreciated securities makes “cents” at tax time. For example, John would like to make a \$10,000 gift. He is in the 35 percent ordinary income tax bracket; the after-tax cost of his cash gift would be \$6,500 (\$10,000 - \$3,500). As an alternative, if John gives \$10,000 worth of stock in which he has a \$2,000 cost basis, the net cost of his gift (including the capital gains he will avoid) will be only \$4,900.

Even in today’s economy, isn’t it time to think creatively about this option for charitable giving? For more information about making a stock gift to St. Luke’s Home, contact Nancy Jones, Director of Development at 624-5034.

Note: This article is for information purposes only and not intended to serve as financial or tax advice. For information about charitable donations of stocks/securities, consult your accountant or your tax or financial advisor.



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YOU'RE INVITED



**Stunning Tablescapes  
Splendid Seminars  
Sweet & Savory Gourmet Buffet  
"Sit, Sip & Serve" Specialty Silent Auction**  
Sunday, November 9, 2008  
Tucson Jewish Community Center  
3800 E. River Road  
11:00 a.m. to 4:00 p.m.

**2008 Diamond Sponsor**



**2008 Emerald Sponsor**



**2008 Ruby Sponsors**

Bayada Nurses  
Desert Diamond Casino  
Health Net  
Southwest Ambulance  
TMC Foundation

**SPLENDID SEMINARS!**

**11:30AM ~ Stupendous Singing  
with the Tucson Boys Choir**

**12:30PM ~ Fabulous Fashions  
from Maya Palace**

**1:30PM ~ Fantastic Fare with  
Alan Zeman and Richard Tyler**

**2:30PM ~ Spectacular Settings by  
Design Definitions and  
Focus on Flowers**

**3:30PM ~ Final Farewell Raffle of  
Several Complete Table Designs**

**DON'T MISS  
TUCSON'S  
SHOWCASE EVENT  
FOR PERFECT PARTY  
IDEAS**

**2008 Jewel Sponsors**



**Tickets \$30 per person in advance: \$35 at the door**

**Allowable Tax Donation \$20 per ticket**

All proceeds will benefit St. Luke's home

For more information & to purchase tickets call: (520) 624-5034

njones@st-lukes-home.org

Buy Tickets Now at <https://www.stlukeshometucson.org/store/store.php>

**PAGE 5**



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2008-2009**

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**It Takes a Team . . .**



You've heard the old saying: "It takes a village....." At St. Luke's, it takes a **TEAM**—the University of Arizona women's soccer team, to be exact.

Early in the morning on August 7, thirty young women (and the coach, of course) showed up at St. Luke's "for a meaningful volunteer experience." [Translation: "clean up the yard" after all the monsoon rains.] In one hour, the team had pulled weeds, trimmed and cleaned up both courtyards, the front of the Home and the Chapel area.

**NOW THAT'S A  
WINNING TEAM!!!  
GO CATS!**

*St. Luke's Home is a project of St. Luke's in the Desert, Inc. a non-profit, non-denominational 501(c)(3) corporation. The Mission of St. Luke's Home is to provide for the care and well-being of elderly women, men and couples of limited financial means in a caring environment, respectful of the residents' rights and the regulatory guidelines.*